

**pain**australia

# ANNUAL REPORT

**2024**





*As we look to the future, we remain focused on what matters most: listening, advocating, awareness raising, educating, and building a more supportive system for people living with pain.*

*Thank you to our partners and supporters—and most of all, to the people who live with pain and continue to trust us with their stories and their hopes. You are the reason we do this work.*



*Monika Boogs*  
Chief Executive Officer

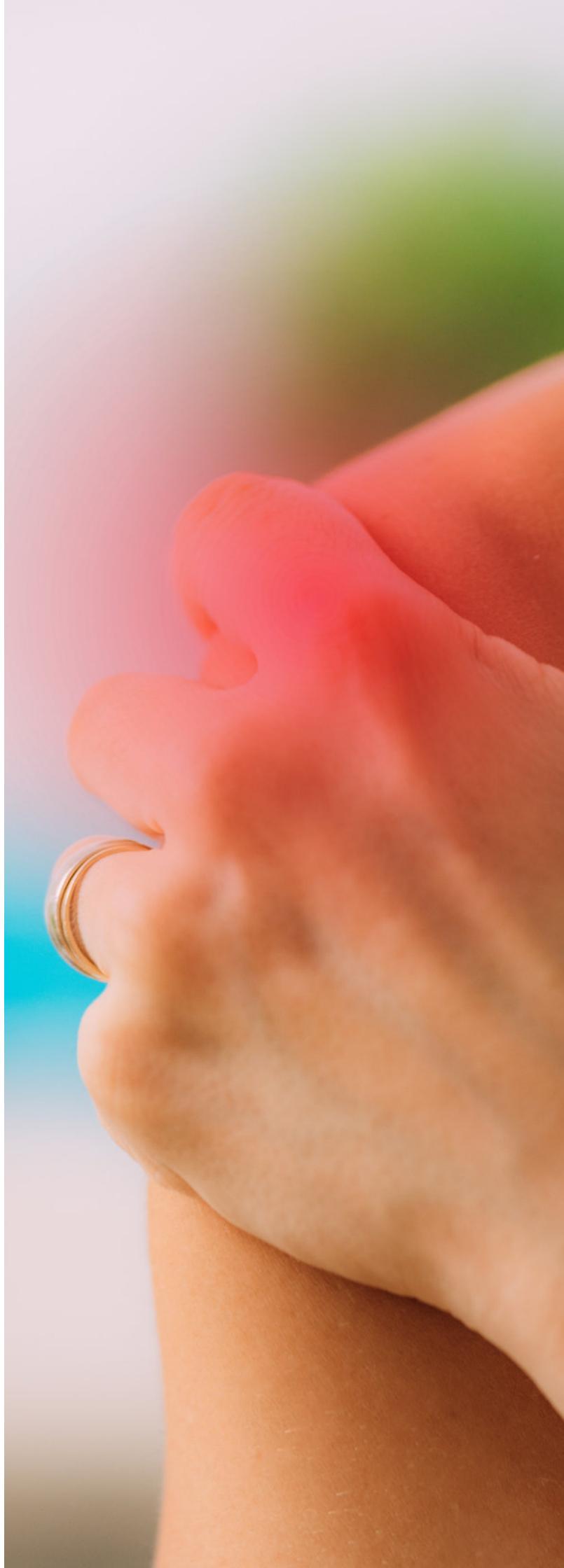
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# About us

**P**ainaustralia, as the national peak pain advocacy body, is dedicated to improving the well-being of people living with pain, their families and carers. We work collaboratively with key stakeholders to elevate pain as a priority in the broader health agenda, driving conversations and raising awareness of the profound impacts of pain to reduce the associated stigma and ensure those affected receive the care and support they deserve.

Our vision is to ensure all Australians living with pain can easily access affordable world-class pain treatments and care. We shape and influence policy, advocate for policies that provide equitable access to pain management, and we work with our networks to inform practical and strategic solutions for real change.





# Chair's Message



## Introduction

2024 has been a significant year of renewal and progress for Painaustralia. At the heart of our work remains our unwavering mission to ensure the voices of millions of Australians living with pain are heard, respected, and supported.

## Leadership and Strategic Renewal

The appointment of our new CEO, Monika Boogs, marked an important milestone for Painaustralia. Monika has brought a renewed focus to stabilising the organisation, strengthening stakeholder engagement, and refocusing on our core purpose—amplifying the voices of people with lived experience and advocating for meaningful change in how pain is understood and managed.

## Advocacy and Influence

Painaustralia has continued to play a leading role in national advocacy, contributing to major health reform agendas. Our participation in policy discussions has influenced key areas such as opioid safety, paracetamol access, and health technology assessment reviews. Additionally, our campaigns, including the inaugural Pinnacle Pain Sector Awards, have reinforced national leadership in building awareness and recognition for pain management.

## Engagement and Collaboration

National reach and engagement have been strengthened through strategic digital growth, allowing Painaustralia to solidify its role as a trusted voice in pain advocacy and awareness. New partnerships and our active participation in alliances and coalitions have deepened collaboration across sectors. These efforts have further amplified our impact and enhanced our stakeholder relationships.

## Resource Development and Education

In addition to advocacy, Painaustralia has remained committed to developing high-quality resources and targeted education materials for both consumers and health professionals. These initiatives remain central to our efforts in reducing stigma, improving understanding, and empowering individuals living with pain to access care and support.

## Governance and Acknowledgements

I would like to extend my gratitude to my fellow Board members for their dedication and governance throughout the year. We have continued to strengthen the board, ensure succession plans in place and work collaboratively.

Their unwavering support, combined with the valuable contributions of our advisory groups and stakeholders, ensures Painaustralia is well-positioned to drive lasting change for the pain community.

## Conclusion

Together, we remain steadfast in our commitment to building a more compassionate and accessible health system for Australians living with pain. Painaustralia's achievements in 2024 reflect a shared determination to create a brighter future for our community, and I look forward to Painaustralia continuing this important work in the years to come.

*Nicole McMahon*  
*Chair - Painaustralia*



# CEO's Message



It has been a genuine honor to be appointed CEO at Painaustralia in 2024. I've always been inspired by the strength and courage of the people we represent—Australians living with pain who are too often overlooked or misunderstood. This organisation is deeply committed to changing that, and I am proud to be able to work to ensure people living with pain are heard, respected and supported.

Since my appointment, I have focused on stabilising and renewal of our organisation. We are going back to basics, amplifying the voices of those with lived experience and strengthening our advocacy and stakeholder engagement while at the same time building on our education and awareness activities.

During 2024 we continued to expand our resources and materials, reaching tens of thousands of people through our website, social media and factsheets. Our digital footprint grew with an increase in site visits, content interactions and followers.

Advocacy remained at the core of our work. In a key policy moment, we worked with government and consumers to ensure changes to paracetamol access were evidence-based and fair. Pain management is nuanced, and we worked hard to ensure that regulatory changes considered the real-world needs of those who rely on these medicines for daily function.

In addition, Painaustralia was invited to attend a board room briefing in November 2024 with the Federal Minister for Health, the Hon Mark Butler, where we spoke directly with him about the issues and challenges faced by those living with chronic pain and some of the solutions needed to help them manage their pain better.

I was also invited to participate in the MTAA 2024 MedTech Conference's Patient Advocacy Panel, 'Empowering Patients: Voice and Advocacy for Better Healthcare', held in October at the International Convention Centre in Sydney.

The panel brought together a diverse and influential group of advocates. The session in front of about 200 attendees explored the essential role of patient advocacy in shaping a more responsive and equitable healthcare system. I was able to highlight the importance of lived experience in policy reform and shared Painaustralia's efforts to elevate the voices of people living with chronic pain.

In 2024, Painaustralia proudly represented consumers in a number of key national spaces, including as a member of the TGA's Medical Devices Consumer Working Group and the Australian Health Ethical Alliance.

These forums are vital to ensuring the lived experience of pain is embedded in broader health policy and systems conversations.

Our 2024 Pain Awareness Month campaign and the inaugural Pinnacle Awards helped spotlight the diverse efforts being made across Australia—from consumers sharing powerful stories to clinicians and researchers driving change. The Pinnacle Awards, in particular, were a reminder of the commitment and innovation that exists across the pain sector

Our consumers remain central to everything we do. I am grateful to everyone who has engaged with us—whether through our social media channels, our website, or direct contact. Your involvement helps shape and strengthen our work.

I would also like to acknowledge the valuable contributions of our Consumer Advisory Group. Their willingness to provide feedback and share their personal experiences when we reach out to them plays a critical role in ensuring our initiatives reflect real-world perspectives.

Equally, the ongoing support from members of our Clinical Advisory Group is deeply appreciated. Their guidance helps ensure that our resources, educational materials, and policy submissions are grounded in sound, evidence-based practice.

I am also sincerely grateful to the Painaustralia Board for entrusting me with the responsibility of leading this organisation in 2024. Their confidence and guidance have been instrumental since my appointment. In particular, I would like to recognise our Chair, Nicole McMahon, for her steady leadership, thoughtful counsel, and commitment to Painaustralia and its mission.

As we look to the future, we remain focused on what matters most: listening, advocating, awareness raising, educating, and building a more supportive system for people living with pain. Thank you to our partners and supporters—and most of all, to the people who live with pain and continue to trust us with their stories and their hopes. You are the reason we do this work.

*Monika Boogs*  
*Painaustralia CEO*



Painaustralia CEO  
Monika Boogs with  
Federal Health  
Minister the Hon  
Mark Butler and the  
Labor Member for  
Reid Ms Sally Sitou  
MP at a boardroom  
briefing in  
Canberra.

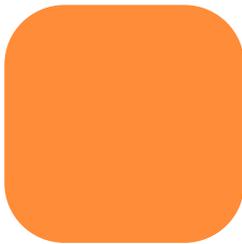
# The Board



**Nicole McMahon**



**Dr Marc Russo**



**Anish Patel**



**Liz Sleeman**



**Simon Corbell**



**Cath Di Dio**



**Dr Romil Jain**

## Painaustralia Board

Painaustralia is fortunate to be guided by a dedicated and diverse range of experienced Board Directors who bring invaluable leadership, governance, and strategic insight to our organisation. As a not-for-profit, we rely heavily on the strength and commitment of our Board members, all of whom generously volunteer their time and expertise to support our mission of improving the quality of life for people living with pain.

Our Board plays a critical role in shaping the direction of our work, overseeing our sustainability, and ensuring we remain focused on delivering outcomes that matter to the community.

In late 2023 we welcomed our new chair Nicole McMahon and would like to acknowledge her leadership throughout a year of change in 2024. We would like to also acknowledge our board members who joined us in 2024 – Anish Patel and Dr Marc Russo.

We have since welcomed Simon Corbell and Liz Sleeman to our board in 2025. We extend our sincere thanks to each Board member for their unwavering support and commitment to Painaustralia.

# CAG

## CONSUMER ADVISORY GROUP

Painaustralia would like to extend its thanks to the members of its Consumer Advisory Group (CAG). The CAG brings together a diverse group of passionate individuals with lived experience of chronic pain who provide vital insights, advice, and guidance that inform our work across policy, advocacy, and our project work.

Their voices have not only helped guide our work but have also ensured that people with lived experience remain at the forefront of policy and decision-making processes.

Their perspectives and feedback help us to truly understand the barriers faced by people living with pain and develop solutions to issues and policy that are both practical and impactful. They ensure that what we do reflects the needs of those living with pain offering valuable feedback on how we communicate and design our resources and appearing in the media to raise awareness of chronic pain.



Kim Allgood



Leah Dwyer



Gabriella Kelly-Davies



Ben Nihill



Peter Rudland



Louisa O'Neill



Sister Mary-Lynne  
Cochrane



Megan Kuleas



Don Firth



Mary Wing



Rachel Seeley



Sarah Fowler



Jessica Hirst



Deirdre Pinto



Jason Styles



Maria Heredia



Janine Monty



Alex Christie



Naomi Creek



Kim Sullivan

# Pain Champions

Painaustralia's Pain Champions play an important role in raising awareness about chronic pain and advocating for improved care and support. Representing a range of backgrounds, including people with lived experience and professionals in healthcare and public life, they help bring attention to the widespread impact of chronic pain and the need for a more coordinated national response.

We appreciate the contribution our Pain Champions make in supporting our work and the broader pain community. Their efforts help amplify key messages, reduce stigma, and highlight the real challenges faced by those living with chronic pain. Their involvement strengthens our advocacy and supports our goal of improving the lives of people affected by chronic pain.



Air Chief Marshal Sir Angus Houston  
AK, AFC (Ret'd), Painaustralia  
Patron.



Hayley Leake - Pain  
Researcher and  
Australian Survivor  
Winner 2021.



Tara Moss -  
Best Selling  
Author.



Sophie Scott,  
Broadcaster and  
former ABC  
Medical Reporter.



Peter Rudland -  
Veteran and  
Invictus Games  
competitor

# Clinical Advisory Council

We extend our sincere thanks to the members of the Painaustralia Clinical Advisory Council for their ongoing support and commitment throughout 2024. Their expertise and engagement have been invaluable in ensuring that our work remained grounded in the latest clinical evidence and reflected best practice.

The input of these specialised health professionals played a vital role in shaping our policy positions and project development. Their considered advice helped to ensure that the voices of consumers were matched with informed clinical insight, resulting in more effective and practical outcomes. We are grateful for their contribution.

Our 2024 Clinical Advisory Council members.

- Dr Chris Hayes - chair
- Dr Malcolm Hogg
- Christine Collins
- Karen Booth
- Anthony Tassone
- Dr Ruth Hardman
- Dr Antonio Di Dio



# Parliamentary Friends of Pain Management Group

Painaustralia extends its sincere appreciation to the co-chairs and members of The Parliamentary Friends of Pain Management Group for their ongoing support and advocacy. This bipartisan group led by Senator Wendy Askew and Senator Helen Polley plays a vital role in raising awareness of the challenges faced by the 3.7 million Australians living with chronic pain. Their commitment to championing better pain management solutions has been instrumental in fostering greater recognition of pain as a serious and complex health issue that impacts individuals, families, and communities across the country.

Our engagement with political decision-makers through this group is critical to driving policy reform and improving access to quality pain management.

The collaboration enables Painaustralia to share lived experiences, evidence-based strategies, and innovative solutions directly with the Members of our Federal Parliament. We are grateful for the opportunity in 2024 to work alongside such dedicated parliamentarians to raising awareness of the challenges of living with chronic pain and the solutions to provide better support and pain management. We look forward to continuing to work with The Parliamentary Pain Management Group in 2025.



Co-convenors of the Parliamentary Friends of Pain Management Group  
Senator Helen Polley (ALP) (left) Senator Wendy Askew (Liberal Party) (right)

# Chronic Pain and its Impacts

Chronic pain is complex, and each person experiences it differently. Chronic pain, also called persistent pain, is pain that continues for more than three months after surgery, an injury, as a result of disease, or from another cause.

For those who experience chronic pain, the pain can be debilitating and have an adverse effect on work, sleep, and relationships. Individuals with chronic pain may also commonly experience comorbidities such as depression, sleep disturbance and fatigue.

## Prevalence and Cost of Chronic Pain in Australia

### Current Impact

3.7+ million Australians affected by chronic pain

\$144.1 billion economic burden in 2020

Significantly reduces quality of life for millions

### Future Projections (2050)

5.23 million Australians expected to have chronic pain

\$215.6 billion projected economic cost

41% increase in prevalence over 30 years

### The Challenge

Growing health crisis without intervention

Substantial impact on healthcare system

Requires changes to treatment approaches

## Megan's Story

I have lived with endometriosis since I was young but wasn't officially diagnosed until 18. I am now 35. I also have adenomyosis, PCOS, fibroids, POTS and a heart condition linked to chronic pain. To help manage my chronic pain, I have a spinal cord stimulator permanently implanted.

I am in pain every day, but on some days the pain is not as severe and debilitating as others – these days are my good days. On the bad days, I am not able to get out of bed due to pain and fatigue; I will often vomit and pass out from the pain as well. I am required to take a number of medications which impact me differently each day and I am unable to predict how I will feel as a result.

I manage my conditions through a combination of things – I have an excellent medical team inclusive of both traditional and holistic treatments, I regularly utilise mental health support through an online platform but the biggest help in managing my conditions is my amazing support crew – my family, friends and partner are paramount in my health journey, and I would be lost without them.

It is an honour to be involved with Painaustralia as a consumer representative and a member of the Consumer Advisory Group. I am grateful to be a voice and advocate for the pain community, helping to raise awareness and to break down the stigma associated with chronic pain. – *Megan Kuleas*



# Policy and Advocacy

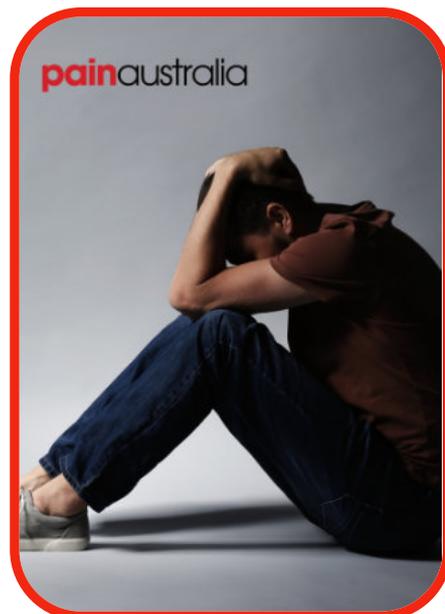
## Submissions

As the national peak body representing and advocating for people living with chronic pain, Painaustralia plays a leading role in shaping public policy to improve access to effective, multidisciplinary pain management and other treatment options. Our policy work is informed by the expertise of our Clinical Advisory Council and the lived experience of our Consumer Advocacy Group, ensuring that our advocacy is grounded in both clinical evidence and the realities of those affected by chronic pain. In 2024, we contributed to key national reform processes, including submissions to the Health Technology Assessment (HTA) Policy and Methods Review and the House of Representatives Inquiry into Alcohol and Other Drugs.

Through these submissions, we highlighted the urgent need for health system reforms that recognise the complexity of chronic pain, improve access to non-pharmacological alternatives, and account for the broader societal costs of inadequate treatment. As a member of the Therapeutic Goods Administration's Medical Devices Consumer Working Group, we continue to provide consumer-centred input into regulatory frameworks.



Painaustralia's submission to the Health Technology Assessment Policy and Methods Review Public consultation 2 - February 2024



Painaustralia Submission Inquiry into the health impacts of alcohol and other drug use in Australia House of Representatives Standing Committee on Health, Aged Care and Sport December 2024

## Celebrating Excellence: The Inaugural Pinnacle Awards

In 2024, Painaustralia and the Pain Foundation proudly co-hosted the inaugural Pinnacle Pain Sector Awards Dinner at NSW Parliament House on 8 May. This landmark event celebrated excellence and innovation in the chronic pain sector, bringing together clinicians, researchers, advocates, and policymakers. The evening was hosted by the NSW Minister for Medical Research, The Hon David Harris MP, and emceed by Dr Nick Coatsworth. We would also like to thank our Pain Champion broadcaster Sophie Scott and ABC journalist Sarah Henderson for helping to present the awards on the night.

Several prestigious awards were presented during the evening, highlighting a range of achievements across the sector. Awards recognised outstanding contributions in clinical excellence, innovation in pain research, leadership in policy advocacy, and the development of new multidisciplinary care models. Special recognition was given to individuals and organisations demonstrating leadership in improving equity of access to pain management services, especially in rural and remote communities. By formally recognising the passion, creativity, and commitment of individuals and organisations, the event reinforced the critical importance of collaboration in achieving better outcomes for people living with pain.

The winners were:

- **Most impactful innovation in pain care:** Brain changer/BOOST Recovery – ACT, represented by Tina McIntosh, presented by the Hon David Harris MP.
- **Best multi-disciplinary clinical care program:** Pain Education and Management – QLD, led by Dean Minchington, presented by the Hon Ryan Park MP.
- **Best media story:** Bella Macey, 11 years old from VIC, featured on 'A Current Affair' for her experience with CRPS, presented by the Hon Tim James MP.
- **Best consumer awareness program:** Chronic Pain Australia NSW presented by the Hon Matt Kean MP.
- **Consumer advocate of the year:** Lauren Cannell from TAS, recognized for her mentorship in the chronic pain community, presented by the Hon Jodie Harrison MP.

We extend our thanks to our corporate sponsors including TDM Growth Partners, Hearts & Minds Investments (sponsors of the OPEN Project), Consumer Healthcare Products, Saluda, Abbott, Pfizer, The Pharmacy Guild of Australia NSW Branch, and Haleon, whose contribution made the awards possible.



### Pain Education and Management – A multidisciplinary pain management program

At Pain Education and Management, we are dedicated to providing innovative, patient-centred care through our multidisciplinary pain management program. As a relatively new initiative that challenges traditional approaches to pain management, winning the Pinnacles Award has significantly helped in raising our profile. This recognition not only underscores the hard work of our team but also brings much-deserved attention to the talented clinicians we work with, who are committed to making a real difference in the lives of individuals living with chronic pain.

Our partnership with PainAustralia has played a pivotal role in supporting our mission to improve care and foster greater understanding of chronic pain management, and we look forward to continuing to break new ground in the sector.

– *Director, Dean Minchington*



### BOOST Health Labs' BOOST Recovery Program

We were delighted to have our life-changing program recognised by PainAustralia and Pain Foundation. We pride ourselves on thinking differently in the way we work with health professionals, technology and data to help people in pain recovery.

When a person starts with us, they're matched up 1:1 with a registered Allied Health professional who is both an expert pain practitioner and a highly trained Pain Coach. The program is personalised to the individual based on their medical history, life circumstances and the data they generate using our app.

Delivered via telehealth across Australia, in collaboration with pain specialists, and major insurers and businesses, BOOST Recovery supports people in their return to work and other valued activities, getting them back to living a 'big life'.

– *Founder & Managing Director,  
Tina McIntosh*





## Wear It Red Day: A National Call to Recognise Chronic Pain

On 20 September 2024, Painaustralia launched the inaugural Wear It Red Day, a nationwide initiative designed to raise awareness for the millions of Australians living with chronic pain. In partnership with the Pharmacy Guild of Australia and supported by Haleon, community pharmacies across the country decorated their premises in red—balloons, posters, and streamers— a public demonstration of support and how pharmacists can help those whose lives are affected by pain. The day's purpose was to send a message that people living with chronic pain should be seen, listened to, and respected.

This show of support would not have been possible without the efforts of the pharmacists who embraced the day so wholeheartedly.

The initiative also highlighted the critical role pharmacists play in providing accessible, multidisciplinary pain care, encouraging consumers to engage in conversations about pain management options.



The pharmacists and staff at Queanbeyan Pharmacy in NSW were among the many pharmacies that took part in the Wear it Red event.

# Education and Awareness

## Empowering Consumers Through the Opioid Safety Toolkit

Painaustralia is proud to have collaborated with Monash University in the development and national launch of the Opioid Safety Toolkit, a vital new resource aimed at improving the safety and awareness around prescription opioid use in Australia. Painaustralia CEO Monika Boogs and Consumer Advisory Group member Megan Kuleas along with health professionals contributed to the co-design of the Toolkit, providing valuable consumer insight and feedback throughout every stage of its development. Painaustralia also participated on the project's governance committee.

The Toolkit was launched in September 2024 to coincide with International Pain Awareness Month.

It is designed to support people prescribed opioids with tailored, evidence-based information and practical tools. The goal is to help consumers better understand the risks associated with opioid use, identify their own safety needs, and make more informed decisions around their pain management. It also provides guidance for developing an opioid safety plan, including information about naloxone—a life-saving medication that can reverse opioid overdoses.

We would like to acknowledge the work of the team at Monash University led by Professor Suzanne Nielsen.

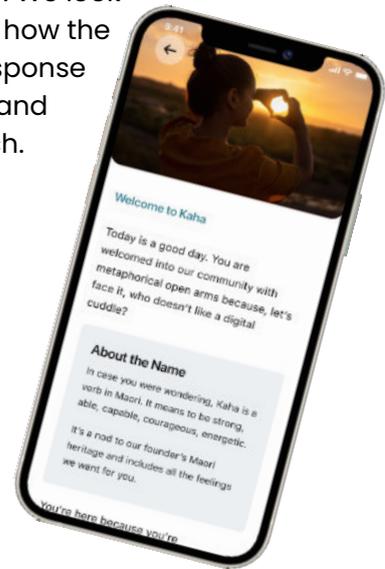


## Launch of the Kaha App – Supporting Australians to Manage Chronic Pain

Painaustralia in collaboration with Kaha Health launched a new tool to support Australians living with chronic pain.

Developed in partnership with consumers, clinicians and health professionals, the Kaha App empowers users to take control of their pain management through education, daily tracking and personalised insights. The app features short articles on the latest research, daily progress logging and tracking, and a guide to mindfulness and stress-relief techniques, helping users better understand their pain and what works to reduce it.

We thank the Kaha Health team and everyone who contributed to the development of this valuable resource. We look forward to seeing how the App evolves in response to user feedback and emerging research.



## Stakeholder Engagement and Partnerships

In 2024, Painaustralia has proudly continued to grow and deepen our partnerships across the health sector. We have continued to work with organisations in the pain sector including the Faculty of Pain Medicine, the Pain Foundation, Australian Pain Society and Chronic Pain Australia.

We are a member of the Australian Patient Advocacy Alliance and have built on our longstanding relationships with organisations such as Arthritis Australia, the Pharmacy Guild of Australia, the Australian Patients Association, and the Brian Foundation.

We also joined the national Musculoskeletal Patient Advocacy Coalition, led by the Australian Orthopaedic Association, contributing to a united voice for people with musculoskeletal conditions and chronic pain.

One of our most valued collaborations has been with Dragon Claw Australia. Since April 2024, our two organisations have been involved in developing an evidence-based, consumer-informed resource designed to improve communication between people living with pain and their health professionals.

This project is being led by Dragon Claw's Charmaine Jones, and we look forward to the fruition of this work in 2025.

In addition, we are a member of the Accessible Product Design Alliance supporting the national effort to improve packaging design for consumers with limited grip strength or mobility.

We have also actively contributed to national efforts led by Palliative Care Australia to address the ongoing challenges associated with pain medicine shortages, particularly impacting palliative care patients. As part of this work, Painaustralia has collaborated with key organisations including Advanced Pharmacy Australia, the Aged and Community Care Providers Association, and the Pharmaceutical Society of Australia.



Painaustralia as a member of the Musculoskeletal Patient Advocacy Coalition met with the Hon Mark Butler in Parliament House.



Dragon Claw and Painaustralia are working together on a tool to improve communication between people living with pain and their health professionals.



Painaustralia supports and works in partnership with other health stakeholders including attending Palliative Care's Parliamentary Friends Group event.

# Communication and Media

In 2024, Painaustralia continued to build its profile as the national voice for Australians living with chronic pain, ensuring that issues and barriers consumers face remained in the public eye and on the policy agenda.

Throughout the year, Painaustralia was featured in national and regional media across print, television, radio, and online platforms. Painaustralia provided regular commentary on key issues including chronic pain management, health policy, funding announcements, and the lived experience of people with pain.

## Media Highlights

Painaustralia issued several media releases during 2024, highlighting major developments and new initiatives, including:

- **Federal Budget Response (May 2024)** Painaustralia welcomed new funding announcements that recognised the needs of people living with chronic pain. We emphasised the importance of sustained investment in multidisciplinary care, education for health professionals, and the need for chronic pain to be treated as a condition in its own right. We acknowledged funding commitments towards cheaper medicines, mental health services, and support for complex conditions, while stressing there is still much more work to do.

- **Launch of the Kaha App (February 2024)**

In partnership with Kaha Health, Painaustralia launched an innovative new App designed to empower consumers to self-manage their chronic pain. The Kaha App acts as a "pocket pain coach," offering daily education, progress tracking, mindfulness resources, and personalised insights. The App's development was informed by feedback from Painaustralia's consumer and clinical advisory groups.

These releases combined with other media activities helped raise awareness about chronic pain and reinforced Painaustralia as the leading advocate for better services, treatments, and support. Our engagement with the media and policy makers helps to drive real change and expand the national conversation about pain.



## MEDIA COVERAGE

Media releases issued: 5  
Major national media appearances: 12

## Social Media Campaigns and Digital Influence

In 2024, Painaustralia continued to grow and strengthen its social media presence, using digital platforms to raise awareness, share vital information, and amplify the voices of Australians living with chronic pain. Our digital campaigns played a crucial role in expanding our reach, building a supportive community, and influencing national conversations around chronic pain.

### Key Campaigns included:

- Opioid Safety Toolkit Campaign (2024)**  
 Painaustralia partnered with Monash University to develop and promote the Opioid Safety Toolkit, providing vital information to support safer opioid use. Through a dedicated social media campaign, we shared key messages, videos, and educational resources aimed at empowering both consumers and health care professionals to better understand opioid risks and safer pain management options.
- Kaha App Launch (February 2024)**
- Federal Budget Advocacy (May 2024)**
- Chronic Pain Awareness and Storytelling (Ongoing 2024)**  
 Throughout the year, we showcased powerful stories from Australians living with chronic pain. This storytelling helped break down stigma, foster empathy, and increase understanding within the broader community.

Through strategic social media engagement, Painaustralia significantly expanded its visibility in 2024, reaching new audiences, strengthening relationships with stakeholders, and ensuring that the experiences of people living with chronic pain stayed at the forefront of national health conversations.



# Our Members

We would like to sincerely thank our members for their ongoing support of Painaustralia. Your commitment to us helps to strengthen our organisation and enables us to continue advocating for better solutions and treatments for people living with pain. We value your support and remain dedicated to delivering positive change on behalf of all those we represent.





*I am grateful to be a voice and advocate for the pain community, helping to raise awareness and to break down the stigma associated with chronic pain.*



Megan  
Painaustralia Consumer

CHANGE

PAIN

REPORT

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**pain**australia

Working to prevent and manage chronic pain

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AWARENESS

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[pinaustralia.org.au](http://pinaustralia.org.au)